

NORTHAMPTONSHIRE AMATEUR SWIMMING ASSOCIATION

(Affiliated to the East Midlands ASA)

2019 Short Course Competition

Saturday, 14th September 2019

ENTRY FORM

Full Name:	<i>Block capitals please</i>	Date of Birth:	
ASA Reg No:		Club:	

SCHEDULE OF EVENTS

SESSION 1				
Warm Up 1.00pm – 2.00pm			Competition Starts 2.10pm	
Event no	Event	Gender	Entry time	Admin Only
1	4 x 50m Freestyle Relay (12/U)	Female	N/A	
2	4 x 50m Medley relay (12/U)	Male	N/A	
3	4 x 50m Freestyle Relay (13-15)	Female	N/A	
4	4 x 50m Medley relay (13-15)	Male	N/A	
5	4 x 50m Freestyle Relay (Open)	Female	N/A	
6	4 x 50m Medley relay (Open)	Male	N/A	
7	100m Individual Medley	Female		
8	50m Butterfly	Male		
9	50m Breaststroke	Female		
10	50m Backstroke	Male		
11	50m Freestyle	Female		

SESSION 2				
Warm Up 5.30pm – 6.30pm			Competition Starts 6.40pm	
Event no	Event	Gender	Entry time	Admin Only
12	4 x 50m Freestyle Relay (12/U)	Male	N/A	
13	4 x 50m Medley relay (12/U)	Female	N/A	
14	4 x 50m Freestyle Relay (13-15)	Male	N/A	
15	4 x 50m Medley relay (13-15)	Female	N/A	
16	4 x 50m Freestyle Relay (Open)	Male	N/A	
17	4 x 50m Medley relay (Open)	Female	N/A	
18	100m Individual Medley	Male		
19	50m Butterfly	Female		
20	50m Breaststroke	Male		
21	50m Backstroke	Female		
22	50m Freestyle	Male		
Total Number of Events Entered:		@ £4.00 each	Total:	£

All Entries must be made on this Official Entry Form		Age as at – 31st December 2019	
Submitted times must have been achieved since 1 st September 2018		All times should be submitted in 25m pool format.	
Entries to		By	
Signature of Club Official verifying Entry Times:			