



County Championships 2026 - Schedule

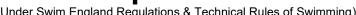
17th January – 8th February 2026 – Corby East Midlands International Pool

Saturday 17th January 2026 - Day 1

Session 1 - Heats

Warm Up Competition commences		S	6.00pm – 6.25pm 6.30pm		
Ev No	Event description	Gender	Sub Age Group	Approx duration	Type
101	800m Freestyle	O/M	1		HDW
102	800m Freestyle	O/M	2		HDW
103	800m Freestyle	O/M	3		HDW
111	1500m Freestyle	F	1		HDW
112	1500m Freestyle	F	2		HDW
113	1500m Freestyle	F	3		HDW







County Championships 2026 - Schedule 17th January – 8th February 2026 – Corby East Midlands International Pool

Saturday 24th January 2026 - Day 2

Sessio	on 2 - F	leats
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	Warm Up	08:00 - 08:50				
(Competition commences		09:00			
Ev No	Event description	Gender	Sub Age Group	Approx duration	Type	
201	4 x 50m Medley	O/M	2		Relay	
202	4 x 100m Freestyle	F	3		Relay	
203	4 x 50m Freestyle	O/M	3		Relay	
204	400m Freestyle	O/M	2		HDW	
205	400m Ind Medley	F	1		HDW	
206	200m Backstroke	O/M	3		HDW	
207	200m Ind Medley	F	2		Н	
208	200m Butterfly	O/M	1		HDW	
209	100m Backstroke	F	1		Н	
210	100m Butterfly	O/M	2		Н	
211	100m Butterfly	F	3		Н	
212	50m Backstroke	O/M	1		Н	
213	50m Freestyle	F	2		Н	
214	50m Butterfly	O/M	3		Н	

Lunch

Session 3 - Heats

	Warm Up			TBC		
C	Competition commences			TBC		
Ev No	Event description	Gender	Sub Age Group		Approx duration	Туре
221	4 x 50m Medley	F		3		Relay
222	4 x 100m Freestyle	Mixed		2		Relay
223	4 x 100m Medley	Mixed		1		Relay
224	200m Freestyle	O/M		1		Н
225	400m Ind Medley	F		3		HDW
226	200m Backstroke	O/M		2		HDW
227	200m Breaststroke	F		2		HDW
228	200m Freestyle	O/M		3		Н
229	50m Breaststroke	F		1		Н
230	50m Freestyle	O/M		2		Н
231	50m Backstroke	F		3		Н
232	100m Breaststroke	O/M		1		Н
233	100m Backstroke	F		2		Н

Afternoon Break

O/M

100m Breaststroke





		Session 4 - Fina	als		
	Warm Up			TBC	
	Competition commences			TBC	
Ev No	Event description	Gender	Age Group	Approx duration	Type
251	200m Freestyle	O/M	Α	4	Final
252	200m Ind Medley	F	С	4	Final
253	200m Freestyle	O/M	В	4	Final
254	200m Ind Medley	F	D	4	Final
255	200m Freestyle	O/M	F	4	Final
256	200m Ind Medley	F	E	4	Final
257	200m Freestyle	O/M	MC	4	Final
258	200m Freestyle	O/M	G	4	Final
259	100m Backstroke	F	Α	3	Final
260	100m Breaststroke	O/M	Α	3	Final
261	100m Backstroke	F	В	3	Final
262	100m Breaststroke	O/M	В	3	Final
263	100m Backstroke	F	С	3	Final
264	100m Butterfly	O/M	С	3	Final
265	100m Backstroke	F	D	3	Final
266	100m Butterfly	O/M	D	3	Final
267	100m Backstroke	F	E	3	Final
268	100m Butterfly	O/M	E	3	Final
269	100m Butterfly	F	F	3	Final
270	100m Breaststroke	O/M	F	3	Final
271	100m Butterfly	F	MC	3	Final
272	100m Butterfly	F	G	3	Final
273	100m Breaststroke	O/M	MC	3	Final
274	100m Breaststroke	O/M	G	3	Final
275	50m Breaststroke	F	A	2	Final
276	50m Backstroke	O/M	A	2	Final
277	50m Breaststroke	F	В	2	Final
278	50m Backstroke	O/M	В	2	Final
279	50m Freestyle	F	С	2	Final
280	50m Freestyle	O/M	C	2	Final
281	50m Freestyle	F	D	2	Final
282	50m Freestyle	O/M	D	2	Final
283	50m Freestyle	F	E	2	Final
284	50m Freestyle	O/M	E	2	Final
285	50m Backstroke	F	F	2	Final
286	50m Butterfly	O/M	F	2	Final
287	50m Backstroke	F	MC	2	Final
288	50m Backstroke	F O/M	G	2	Final
289	50m Butterfly	O/M	MC	2	Final
290	50m Butterfly	O/M	G	2	Final





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Sunday 25th January 2026 - Day 3

Session 5 - Heats

	Warm Up		08:00-08	3:50	
(Competition commences		09:00)	
Ev No	Event description	Gender	Sub Age Group	Approx duration	Type
301	4 x 200m Freestyle	Mixed		3	Relay
302	4 x 50m Medley	F		1	Relay
303	4 x 50m Freestyle	O/M		2	Relay
304	400m Freestyle	F		2	HDW
305	400m Ind Medley	O/M		1	HDW
306	200m Butterfly	F		1	HDW
307	200m Ind Medley	O/M		2	Н
308	200m Breaststroke	F		3	HDW
309	100m Freestyle	O/M		1	Н
310	100m Freestyle	F		2	Н
311	100m Butterfly	O/M		3	Н
312	50m Backstroke	F		1	Н
313	50m Backstroke	O/M		2	Н
314	50m Butterfly	F		3	Н
		Lu	nch		

Session 6 - Heats

	Warm Up			TBC		
(Competition commences			TBC		
Ev No	Event description	Gender	Sub Age Group		Approx duration	Type
321	4 x 50m Medley	O/M		3		Relay
322	4 x 100m Freestyle	Mixed		1		Relay
323	4 x 100m Medley	Mixed		2		Relay
324	200m Freestyle	F		3		Н
325	400m Ind Medley	O/M		3		HDW
326	200m Backstroke	F		2		HDW
327	200m Butterfly	O/M		2		HDW
328	200m Freestyle	F		1		Н
329	50m Breaststroke	O/M		1		Н
330	50m Butterfly	F		2		Н
331	50m Breaststroke	O/M		3		Н
332	100m Breaststroke	F		1		Н
333	100m Breaststroke	O/M		2		Н
334	100m Backstroke	F		3		Н
335	Skins style relay	Mixed	Open			Relay

Afternoon Break

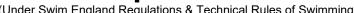






	:	Session 7 - Fina	ıls			
	Warm Up			TBC		
	Competition commences			TBC		
Ev No	Event description	Gender	Age Group		Approx duration	Type
351	200m Freestyle	F	Α			Final
352	200m Ind Medley	O/M	С			Final
353	200m Freestyle	F	В			Final
354	200m Ind Medley	O/M	D			Final
355	200m Freestyle	F	F			Final
356	200m Ind Medley	O/M	E			Final
357	200m Freestyle	F	MC			Final
358	200m Freestyle	F	G			Final
359	100m Freestyle	O/M	Α			Final
360	100m Breaststroke	F	Α			Final
361	100m Freestyle	O/M	В			Final
362	100m Breaststroke	F	В			Final
363	100m Breaststroke	O/M	С			Final
364	100m Freestyle	F	С			Final
365	100m Breaststroke	O/M	D			Final
366	100m Freestyle	F	D			Final
367	100m Breaststroke	O/M	E			Final
368	100m Freestyle	F	E			Final
369	100m Butterfly	O/M	F			Final
370	100m Backstroke	F	F			Final
371	100m Butterfly	O/M	MC			Final
372	100m Butterfly	O/M	G			Final
373	100m Backstroke	F	MC			Final
374	100m Backstroke	F	G			Final
375	50m Breaststroke	O/M	A			Final
376	50m Backstroke	F	A			Final
377	50m Breaststroke	O/M	B			Final
378	50m Backstroke	F	В			Final
379	50m Backstroke	O/M	С			Final
380	50m Butterfly	F	С			Final
381	50m Backstroke	O/M	D			Final
382	50m Butterfly	F	D			Final
383	50m Backstroke	O/M	E			Final
384	50m Butterfly	F O/M	E			Final
385	50m Breaststroke	O/M	F			Final
386	50m Butterfly	F O/M	F			Final
387	50m Breaststroke	O/M	MC			Final
388	50m Breaststroke	O/M	G			Final
389	50m Butterfly	F	MC			Final
390	50m Butterfly	F	G			Final







County Championships 2026 - Schedule

17th January – 8th February 2026 – Corby East Midlands International Pool

Saturday 31st January 2026 - Day 4

Session 8 - Heats

	Warm Up		6.00pm – 6.25pm				
Competition commences		3	6.30pm				
Ev No	Event description	Gender	Sub Age Group		Approx duration	Type	
401	800m Freestyle	F		1	30mins	HDW	
402	800m Freestyle	F		2	30mins	HDW	
403	800m Freestyle	F		3	30mins	HDW	
411	1500m Freestyle	O/M		1	30mins	HDW	
412	1500m Freestyle	O/M		2	30mins	HDW	
413	1500m Freestyle	O/M		3	30mins	HDW	



Northamptonshire ASA



(Under Swim England Regulations & Technical Rules of Swimming)

County Championships 2026 - Schedule

17th January – 8th February 2026 – Corby East Midlands International Pool

Saturday 7th February 2026 - Day 5 Session 9 - Heats

Warm Up 08:00-08:50 **Competition commences** 09:00 **Ev No Event description** Gender **Sub Age Group** Approx duration Type 501 4 x 100m Freestyle O/M 3 Relay 502 4 x 50m Freestyle 3 Relay 4 x 50m Freestyle O/M 1 503 Relay 400m Freestyle F 504 1 **HDW** 2 505 400m Ind Medley O/M **HDW** F 2 506 200m Freestyle Н 507 200m Breaststroke O/M 1 **HDW** 508 200m Backstroke 3 **HDW** 3 200m Butterfly O/M **HDW** 509 510 100m Butterfly F 1 Η 100m Freestyle O/M 2 Н 511 3 512 100m Freestyle F Н O/M 1 Н 513 50m Butterfly 514 50m Backstroke 2 Н 50m Backstroke O/M 3 Η Lunch

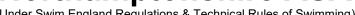
Session 10 - Heats

TBC

Warm Up

Competition commences TBC Ev No **Event description** Gender **Sub Age Group** Approx duration Type 3 4 x 100m Freestyle Mixed Relay 521 4 x 50m Medley F 2 522 Relay 4 x 50m Freestyle F 1 523 Relay F 400m Freestyle 3 524 **HDW** O/M 1 525 200m Ind Medley Н F 526 200m Butterfly 2 **HDW** 527 200m Ind Medley O/M 3 Η 200m Breaststroke F **HDW** 528 1 529 100m Backstroke O/M 1 Н 2 530 100m Breaststroke F Н 3 531 100m Freestyle O/M Н F 1 532 50m Freestyle Η 50m Breaststroke O/M 2 Н 533 50m Breaststroke F 3 Н 534 **Afternoon Break**

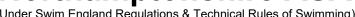






	S	Session 11 - Fin	als		
	Warm Up			TBC	
	Competition commences			TBC	
Ev No	Event description	Gender	Age Group	Approx duration	n Type
551	200m Ind Medley	O/M	Α		Final
552	200m Freestyle	F	С		Final
553	200m Ind Medley	O/M	В		Final
554	200m Freestyle	F	D		Final
555	200m Ind Medley	O/M	F		Final
556	200m Freestyle	F	E		Final
557	200m Ind Medley	O/M	MC		Final
558	200m Ind Medley	O/M	G		Final
559	100m Butterfly	F	Α		Final
560	100m Backstroke	O/M	Α		Final
561	100m Butterfly	F	В		Final
562	100m Backstroke	O/M	В		Final
563	100m Breaststroke	F	С		Final
564	100m Freestyle	O/M	С		Final
565	100m Breaststroke	F	D		Final
566	100m Freestyle	O/M	D		Final
567	100m Breaststroke	F	E		Final
568	100m Freestyle	O/M	E		Final
569	100m Freestyle	F	F		Final
570	100m Freestyle	O/M	F		Final
571	100m Freestyle	F	MC		Final
572	100m Freestyle	F	G		Final
573	100m Freestyle	O/M	MC		Final
574	100m Freestyle	O/M	G		Final
575	50m Freestyle	F	A		Final
576	50m Butterfly	O/M	A		Final
577	50m Freestyle	F	В		Final
578	50m Butterfly	O/M	В		Final
579	50m Backstroke	F	С		Final
580	50m Breaststroke	O/M	С		Final
581	50m Backstroke	F	D		Final
582	50m Breaststroke	O/M	D		Final
583	50m Backstroke	F	E		Final
584	50m Breaststroke	O/M	E		Final
585	50m Breaststroke	F O/M	F		Final
586	50m Backstroke	O/M	F		Final
587	50m Breaststroke	F	MC		Final
588	50m Breaststroke	F O/M	G		Final
589	50m Backstroke	O/M	MC		Final
590	50m Backstroke	O/M	G		Final







County Championships 2026 - Schedule

17th January – 8th February 2026 – Corby East Midlands International Pool

Sunday 8th February 2026 - Day 6 Session 12 - Heats

Warm Up 08:00-08:50 **Competition commences** 09:00

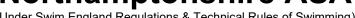
Ev No	Event description	Gender	Sub Age Group	Approx duration	Type
601	4 x 100m Medley	F		3	Relay
602	4 x 100m Medley	O/M		3	Relay
603	4 x 50m Challenge 48 relay	Mixed	Max ages = 48		Relay
604	400m Ind Medley	F		2	HDW
605	400m Freestyle	O/M		1	HDW
606	200m Backstroke	F		1	HDW
607	200m Freestyle	O/M		2	Н
608	200m Butterfly	F		3	HDW
609	200m Breaststroke	O/M		3	HDW
610	100m Freestyle	F		1	Н
611	100m Backstroke	O/M		2	Н
612	100m Breaststroke	F		3	Н
613	50m Freestyle	O/M		1	Н
614	50m Breaststroke	F		2	Н
615	50m Freestyle	O/M		3	Н
		Lunch			

Lunch Session 13 - Heats

Warm Up **TBC Competition commences TBC**

Ev No	Event description	Gender	Sub Age Group	Approx duration	n Type
621	4 x 50m Medley	O/M		1	Relay
622	4 x 50m Freestyle	F		2	Relay
623	4 x 50m Challenge 68 relay	Mixed	Max ages = 68		Relay
624	400m Freestyle	O/M		3	HDW
625	200m Ind Medley	F		1	Н
626	200m Breaststroke	O/M		2	HDW
627	200m Ind Medley	F		3	Н
628	200m Backstroke	O/M		1	HDW
629	50m Butterfly	F		1	Н
630	50m Butterfly	O/M		2	Н
631	50m Freestyle	F		3	Н
632	100m Butterfly	O/M		1	Н
633	100m Butterfly	F		2	Н
634	100m Backstroke	O/M		3	Н
	Af	ternoon Bro	eak		







Session 14 - Finals					
	Warm Up			TBC	
	Competition commences			TBC	
Ev No	Event description	Gender	Age Group	Approx duration	Type
651	200m Ind Medley	F	Α		Final
652	200m Freestyle	O/M	С		Final
653	200m Ind Medley	F	В		Final
654	200m Freestyle	O/M	D		Final
655	200m Ind Medley	F	F		Final
656	200m Freestyle	O/M	E		Final
657	200m Ind Medley	F	MC		Final
658	200m Ind Medley	F	G		Final
659	100m Butterfly	O/M	Α		Final
660	100m Freestyle	F	Α		Final
661	100m Butterfly	O/M	В		Final
662	100m Freestyle	F	В		Final
663	100m Backstroke	O/M	С		Final
664	100m Butterfly	F	С		Final
665	100m Backstroke	O/M	D		Final
666	100m Butterfly	F	D		Final
667	100m Backstroke	O/M	E		Final
668	100m Butterfly	F	E		Final
669	100m Backstroke	O/M	F		Final
670	100m Breaststroke	F	F		Final
671	100m Backstroke	O/M	MC		Final
672	100m Backstroke	O/M	G		Final
673	100m Breaststroke	F	MC		Final
674	100m Breaststroke	F	G		Final
675	50m Freestyle	O/M	A		Final
676	50m Butterfly	F	A		Final
677	50m Freestyle	O/M	В		Final
678	50m Butterfly	F	В		Final
679	50m Butterfly	O/M	С		Final
680	50m Breaststroke	F	С		Final
681	50m Butterfly	O/M	D		Final
682	50m Breaststroke	F	D		Final
683	50m Butterfly	O/M	E		Final
684	50m Breaststroke	F	E		Final
685	50m Freestyle	O/M	F		Final
686	50m Freestyle	F	F		Final
687	50m Freestyle	O/M	MC		Final
688	50m Freestyle	O/M	G		Final
689	50m Freestyle	F	MC		Final
690	50m Freestyle	F	G		Final