



Northamptonshire Amateur Swimming Association

(Affiliated to Swim England East Midlands Region)

County Short Course Competition Saturday 21st September 2024 - Corby Schedule of Events

Session 1 - Warm Up 13:30pm		
101	4 x 50m Freestyle Relay (12/U)	Girls
102	4 x 50m Medley relay (12/U)	Open/Boys
103	4 x 50m Freestyle Relay (13-15)	Girls
104	4 x 50m Medley relay (13-15)	Open/Boys
105	4 x 50m Freestyle Relay (Open)	Girls
106	4 x 50m Medley relay (Open)	Open/Boys
107	100m Individual Medley	Girls
108	50m Butterfly	Open/Boys
109	50m Breaststroke	Girls
110	50m Backstroke	Open/Boys
111	50m Freestyle	Girls
Session 2 - Warm Up TBC		
201	4 x 50m Freestyle Relay (12/U)	Open/Boys
202	4 x 50m Medley relay (12/U)	Girls
203	4 x 50m Freestyle Relay (13-15)	Open/Boys
204	4 x 50m Medley relay (13-15)	Girls
205	4 x 50m Freestyle Relay (Open)	Open/Boys
206	4 x 50m Medley relay (Open)	Girls
207	100m Individual Medley	Open/Boys
208	50m Butterfly	Girls
209	50m Breaststroke	Open/Boys
210	50m Backstroke	Girls
211	50m Freestyle	Open/Boys

RELAY SKINS may follow session 2 depending on entry levels.