



PROMOTER'S CONDITIONS FOR NASA SHORT COURSE COMPETITION 2025

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NASA OPERATIONAL REGULATIONS FOR NASA SHORT COURSE COMPETITION 2025

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NORTHAMPTONSHIRE AMATEUR SWIMMING ASSOCIATION
(Affiliated to the East Midlands Region)

PROMOTER'S CONDITIONS FOR COUNTY SHORT COURSE COMPETITION 2025

- 1**
- (a) The Northamptonshire ASA (NASA) executive shall agree the date and venue.
 - (b) The Competitions Committee will undertake the management of the County Competition and, hereafter, are known as the PROMOTER.
 - (c) The Competition will be held under Swim England Regulations and Technical Rules.
 - (d) The Competition will comply with the Swim England Open Meet Licensing Criteria for Level 3 meets.

2 THE COMPETITION

- (a) The competition shall be open to eligible swimmers as defined in the Swim England Open Meet Licensing Criteria; minimum age 10 years at 31st December in the year of competition.
- (b) Swimmers must be Club Compete members of Swim England.
- (c) All competitors' ages are as at 31st December in the year of competition.
- (d) The Competition shall be open to members of those clubs or organisations that have been affiliated to NASA for the past continuous six months prior to the competition.
- (e) The PROMOTER shall, at their discretion, have authority to grant exemption to condition (d) upon receipt of a written submission.

3 COUNTY COMPETITION GENERAL RULES

- (a) The events swum shall be 50m Freestyle, Backstroke, Breaststroke, and Butterfly, as well as 100m Individual Medley.
- (b) All events will be heat declared winners (HDW).
- (c) The fastest junior and senior swimmers in the 100m IM will be presented with the relevant championship trophy.
- (d) Medals for 1st, 2nd and 3rd will be awarded to each age group. 10/11, 12, 13, 14, 15, 16, 17/over.

4 SUPPLEMENTARY PARA-SWIMMING CONDITIONS

- (a) Swimmers with a Para Swimming Classification may enter all events with an entry time matching the requirements of rule 5(b).
- (b) Medals shall be awarded on a multi-classification basis to 1st, 2nd and 3rd placed competitors based on the British Para-Swimming Points system.

5 QUALIFYING TIMES

- (a) Entry to individual events to be limited to the times agreed by the PROMOTER. There are no lower qualifying times for this event.
- (b) Submitted times must have been achieved between 1st January 2024 up to the entry closing date.

(c) All entry times will be based on 25m times and must have been achieved at a competition licensed to at least level 4.

(d) Conversions from 50m times are acceptable.

6 TEAM COMPETITION

(a) All clubs are entitled to swim in each relay event.

(b) In the event of empty lanes clubs may submit multiple teams and entry will be decided by ballot after the closing date. A representative from each club in the ballot will be entitled to view the draw.

(b) **Only one heat of each relay event shall take place.**

(c) Medals will be awarded to the teams that come first, second and third, irrespective of whether these teams are from the same club.

(d) Lanes will be allocated based on estimated times to be submitted by each club.

7 ENTRY REQUIREMENTS

(a) A responsible club official must submit the entry file to the PROMOTER. By submitting the file they are certifying that the submitted times are within the consideration set. Clubs must retain original entry data for all swimmers; this must be produced in the event of a query.

(b) **Closing date for entries is Wednesday 10th September 2025.**

(c) Swimmers with dual club recognition status will compete for the duration of the competition for the club through whom their entries were made.

(d) Entry files must be returned to the Competition Secretary, by the closing date. The entry reports and payment must be received prior to the competition.

(e) Entries may be accepted after the closing date has passed, including on the day of competition, however a surcharge may apply at the discretion of the promoter. Late entries will not appear in the published programme. The promoter reserves the right to reject late entries.

(f) All known withdrawals to be submitted by the commencement of the warm up for the relevant session. Coaches should make withdrawals by email or by filling out a form at the timing desk

(g) Events will be seeded as soon as withdrawals close.

8 OVERSUBSCRIBED EVENTS

The PROMOTER reserves the right to restrict entries, where the events are oversubscribed.

9 CONDUCT OF ALL ATTENDING THE EVENT

Verbal abuse directed at the PROMOTER, officials, pool staff or volunteer staff or any behaviour deemed to be against the spirit of the sport will not be tolerated.

The PROMOTER reserves the right to ask any person not complying with this rule to leave the poolside area, or the event premises, depending on the nature of the offence, for the remainder of the session / competition at the discretion of the PROMOTER.

10 PROGRAMME ALTERATIONS

(a) There will be no additions to the programme after the closing date.

- (b) Requests for alteration to a submitted entry time will be refused, except in the case of an administrative error.

11 ENTRY FEES

Entry Fees to be set annually by the NASA executive.

12 CONDITIONS FOR RACING

Over the top starts **will** be used at all sessions.

Side by side starts for backstroke **will not** be used.

Backstroke start devices will be used.

13 OFFICIALS

All officials shall be allocated roles in line with Swim England Licensing Criteria for a Level 3 competition.

- 14** The PROMOTER shall decide on any matter not covered in these rules.

- 15** Volunteers will be required for all sessions; names must be forwarded to the NASA Volunteer Coordinator by each competing club when requested.

16 TRANSGENDER POLICY

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

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Upper qualifying times to be the only times enforced. No lower qualifying times to be set.
In over-subscribed events the slowest swimmers will be rejected.

DATES & VENUES

Saturday 20th September

Corby East Midlands International Pool

The Order of events is available on the separate schedule document.

ENTRY FEES.

All Individual Events £6.50. Entries after the closing date £13.

Teams - A £6.50 fee is payable for team entries to all relay events.

Entry Fees are non-refundable in the event of withdrawal except for medical withdrawals.

SPECTATOR ADMISSION

A standard entry fee of £5.00 per session or £7.00 per day for all-comers.

Programmes will be available online via a download from the county website.

Warm-up times for each age group will be published after entries have closed.

Additional warm-up schedules will be posted clearly on the poolside

A warm-up marshal will manage each warm up, controlling lane numbers and sprint lanes.

Each competing club to provide Coaches/Team Managers to supervise the lanes, pro rata to swimmer numbers.

The use of mobile phones in the changing rooms is strictly prohibited.

Failure to comply with this Swim England regulation will result in disciplinary action.

Swimmers are reminded that when they are changing the facilities provided by the pool must be used. Changing on poolside is not permitted.

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Any attendee failing to comply with these terms will be referred to the PROMOTER for disciplinary action, which may include exclusion from the remaining sessions of the Competition. This does not affect a right to appeal, which may be heard by the lead referee on the day of the event if suitable, or the executive committee of Northants ASA following the event.