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NASA OPERATIONAL REGULATIONS FOR COUNTY CHAMPIONSHIPS 2023
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# NORTHAMPTONSHIRE AMATEUR SWIMMING ASSOCIATION (Affiliated to the East Midlands Region)

### PROMOTER'S CONDITIONS FOR COUNTY CHAMPIONSHIPS 2023

- 1 (a) The Northamptonshire ASA (NASA) executive shall agree the dates and venues.
  - (b) The Competitions Committee will undertake the management of the County Championships and, hereafter, are known as the PROMOTER.
  - (c) The Championships will be held under Swim England Regulations and Technical Rules.
  - (d) The Championships will comply with the Swim England Open Meet Licensing Criteria for Level 1 meets.

### 2 THE CHAMPIONSHIPS

- (a) The championships shall be open to eligible swimmers as defined in the Swim England Open Meet Licensing Criteria; minimum age 10 years at 31<sup>st</sup> December in the year of competition.
- (b) Swimmers must be Club Compete members of Swim England.
- (c) All competitors' ages are as at 31st December in the year of competition.
- (d) The Championships shall be open to members of those clubs or organisations that have been affiliated to NASA for the past continuous six months prior to the start of competition.
- (e) A swimmer who has taken part in a similar competition in another county, or who has represented another county, in the six months prior to the championships shall not be eligible to take part in the NASA Championships.
- (f) The PROMOTER shall, at their discretion, have authority to grant exemption to conditions (d) and (e), upon receipt of a written submission.

#### 3 COUNTY CHAMPIONSHIPS GENERAL RULES

- (a) County Championship events will be divided into 3 sub age groups, seeded according to entry times. (10-12yrs, 13-15yrs, 16yrs and over)
- (b) Heats with finals will be cyclically seeded. All other heats will be spearheaded.
- (c) All individual events shall be HDW on times recorded in the heats, except for 50m, 100m events, 200m freestyle and 200m IM, where finals shall be swum.
- (d) (i) Junior and Open Champions shall be declared in all events.

  A junior is defined as being under 16 at 31<sup>st</sup> December in the year of competition.
  - (ii) For county record purposes a junior is defined as being under 16 on the day of competition.
- (e) Times swum in finals will decide the Junior and Open Championship positions. Times from the heats will decide any positions not covered by the finals.
- (f) Finals will be swum in the following Age Groups
  10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years and 17 years and over.
  These age groups will apply to both boys and girls.

(g) Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be awarded to each age group.

For any events with finals this will be from the result of the finals.

For all HDW events this will be from the heats.

This rule also applies to Junior and Open Championship trophies.

The winner of each Championship Junior and Open event will be awarded a trophy and upon receipt of a signed indemnification guaranteeing the safe custody of the trophy, will be allowed to keep the trophy until asked to return it, engraved, by a member of the NASA Competitions Committee.

#### 4 SUPPLEMENTARY PARA-SWIMMING CONDITIONS

- (a) Swimmers with a Para Swimming Classification may enter all events with an entry time matching the requirements of rule 5(b).
- (b) Medals shall be awarded on a multi-classification basis to 1st, 2nd and 3rd placed competitors based on the British Para-Swimming Points system. If less than four swimmers participate in any one event then a minus one ruling shall apply. If only one swimmer participates in any event, then the swimmer may, at the discretion of the PROMOTER, be awarded a medal, providing they improve upon their entry time.

#### 5 QUALIFYING TIMES

- (a) Entry to individual events to be limited to the times agreed by the PROMOTER.
- (b) Submitted times must have been achieved between 1st January 2020 up to the entry closing date.

Times must be taken from British Swimming Rankings

All entry times will be based on 25m times and must have been achieved in a gala licensed at level 1, 2, 3, or 4. Level X times will not be accepted.

Any time trials must have been licensed at level 4.

Conversions from 50m times are acceptable.

(c) Swimmers who have achieved a 400m Freestyle time will be eligible to swim the 800m and/or 1500m events even if they have not achieved a time, or the time they have achieved does not meet the qualifying standard.

#### **6 TEAM CHAMPIONSHIPS**

- (a) All clubs are entitled to swim at least one team in each relay event.
- (b) Medals will be awarded to the teams that come first, second and third, irrespective of whether these teams are form the same club.
- (c) Lanes will be allocated based on previous year's results by the chief recorder.
- (d) Multiple heats of relays will not take place unless more than eight clubs submit a team.
- (e) In the event of empty lanes, clubs may submit multiple teams and entry will be decided by ballot after the closing date.
- (f) Challenge relay events have separate conditions and as such do not form a part of the Team Championships.

#### 7 ENTRY REQUIREMENTS

(a) A responsible club official must submit the entry file to the PROMOTER by the advertised deadline. By submitting the file they are certifying that the submitted times are within the consideration set by NASA.

Clubs must retain original entry data for all swimmers; this must be produced in the event of a query.

- (b) Swimmers with dual club recognition status will compete for the duration of the competition for the club through whom their entries were made.
- (c) Data entry files must be returned to the nominated person, by the published closing date. The entry reports and payment must be received prior to the competition.
- (d) Late entries will not be accepted except in the event of an administrative error on the part of the club or NASA.
- (e) All known withdrawals are to be submitted before the warm up of each session begins.
- (f) Events will be seeded as soon as withdrawals close. Coaches should make withdrawals by completing the online withdrawal form which will be available at <a href="mailto:swimmingmeetresults.co.uk/Northants">swimmingmeetresults.co.uk/Northants</a>.
- (g) Qualifying finalists and reserves wishing to withdraw from a final must submit a Finalist / Reserve Withdrawal Form to be given to the recorders prior to the commencement of warm up for the finals session or 30 minutes from the end of the afternoon session, whichever is earlier. These can only be submitted by a coach or team manager.

# FAILURE TO NOTIFY THE RECORDERS OF WITHDRAWAL FROM A FINAL INCLUDING RESERVES, IS SUBJECT TO A £10 FINE

#### 8 OVERSUBSCRIBED EVENTS

The PROMOTER reserves the right to restrict entries, where the events are oversubscribed.

#### 9 CONDUCT OF ALL ATTENDING THE EVENT

Verbal abuse directed at the PROMOTER, officials or volunteer staff or any behaviour deemed to be against the spirit of the sport will not be tolerated.

The PROMOTER reserves the right to ask any person not complying with this rule to leave the poolside area for the remainder of the session / championships at the discretion of the PROMOTER.

Any parent or spectator engaging in verbal abuse directed at the PROMOTER, officials or volunteer staff will be asked to leave the premises for the remainder of the session.

#### 10 PROGRAMME ALTERATIONS

- (a) There will be no additions to the programme other than for administration errors.
- (b) Requests for alteration to a submitted entry time will be refused, except in the case of an administrative error.

#### 11 ENTRY FEES

Entry Fees to be set annually by the NASA executive.

#### 12 CONDITIONS FOR RACING

Over the top starts **will** be used at all sessions. Side by side starts for backstroke **will not** be used.

#### 13 OFFICIALS

All officials for the competition shall be appointed from the British Swimming list of licensed officials and will undertake only those roles that they are qualified for.

- 14 The PROMOTER shall decide on any matter not covered in these rules.
- 15 Volunteers will be required for all sessions; names must be forwarded to the PROMOTER by each competing club when requested.

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The PROMOTER will have total discretion to implement restrictions as deemed necessary for the protection of swimmers, officials, coaches, volunteers and spectators in respect of the ever changing situation with the COVID-19 pandemic. Restrictions could include enforced mask wearing or the staging of the event behind 'closed doors,' or the cancellation of finals. These decisions will be taken in line with advice from Swim England, Public Health England and North Northamptonshire Council.

Qualifying times to be 2020 NASA Championships times plus a percentage to be decided by the PROMOTER.

In over-subscribed events the swimmers whose entry times are the largest proportion of the qualifying time in the affected events will be rejected to bring the session to within the time allowance.

#### **DATES & VENUES**

21 <sup>st</sup> January 2023 (Evening)	Corby East Midlands International Pool
28 <sup>th</sup> and 29 <sup>th</sup> January 2023	Corby East Midlands International Pool
4 <sup>th</sup> February 2023 (Evening)	Corby East Midlands International Pool
11 <sup>th</sup> and 12 <sup>th</sup> February 2023	Corby East Midlands International Pool

The Order of events to be decided by the PROMOTER

#### ENTRY FEES.

All Individual Events £6.50.

Teams - A £6.50 fee is payable for team entries to all relay events.

Entry Fees are non-refundable in the event of withdrawal except for medical withdrawals including those who test positive for COVID-19.

#### SPECTATOR ADMISSION

A standard entry fee of £5.00 per session or £7.00 per day for all-comers (except under 5s accompanied by an adult) will be charged.

Programmes will be available FOC online via a download from the County Website There will be free admittance for all finals sessions.

Warm-up times for each age group will be announced using the microphone.

Additional warm-up schedules will be posted clearly on the poolside

A warm-up marshall will manage each warm up, controlling lane numbers and sprint lanes. Each competing club to provide Coaches/Team Managers to supervise the lanes, pro rata to swimmer numbers.

Poolside space will be allocated to clubs based on the number of swimmers from each club.

Holders of all trophies to be responsible for their return, engraved, in a good and clean condition ready for presentation at the appropriate time.

An external strobe is available for deaf swimmers. Please notify us upon entry if there is a requirement for a swimmer to use the strobe.

NASA reserves the right to prohibit access to certain areas of the pool complex that NASA shall hire for Championship usage.

The use by competitors of mobile phones and other devices with an image capturing facility, **for the taking of photographs or videos**, is strictly prohibited on poolside and in changing rooms.

Parents, spectators, coaches or team managers wishing to take still, or video photographs must register with reception staff and display their badge in a prominent position.

NASA may provide a live stream of the event on the internet. By entering the competition you consent to your races being part of any potential live stream.

Swimmers are reminded that when they are changing, the facilities provided by the pool must be used. Changing on poolside, in view of other swimmers, coaches and officials is not allowed.

Changing from one costume/swimsuit to another should always be carried out in the changing rooms, not in view of other swimmers, coaches and officials.

All event attendees must adhere to the Swim England Code of Ethics, and therefore the relevant Codes of Conduct set out in Wavepower.

Any attendee failing to comply with these terms will be referred to the PROMOTER for disciplinary action, which may include exclusion from the remaining sessions of the Championships. This does not affect the swimmer's right to appeal.

## **Supplementary Conditions for Challenge Relay Events**

- Entries shall consist of a mixed team of four members, 2 male and 2 female competitors.
- The total sum of the ages of the team members when added together must not exceed (48 / 68) years. Ages to be at 31st December in the year of competition.
- Teams may select their own team name (maximum of 20 Characters) subject to the Meet Promoter's discretion, whose decision on a team name is final.
- Competitors may swim for one team only in Challenge relays.
- Clubs may enter up to 2 teams in each Challenge event.
   If this results in more than one heat the same strokes will be applied for each heat
- The events are Mixed 4 x 50 Team Relays
- Coloured hats will be worn:
- The first swimmer will wear a red hat, the second blue, the third green and the fourth orange. These will be supplied when the swimmers arrive with the stewards at the call area.
- The teams competing in each event heat will be selected by a random draw from the total entry. Wherever possible, an even number of teams will race in each race.
- All races will commence with the first leg being Backstroke.
- Each individual race will then have a draw to determine the stroke order for the remaining three legs in that race. The strokes for each of the three remaining legs will be selected from Butterfly, Breaststroke and Freestyle. There is no limit to the number of times the remaining three strokes may be drawn.
- Any changes to team declaration forms must be submitted to the Chief Recorder by the end
  of the warm-up the race is being swum in.
- Competitors must swim in the order declared on the declaration form in each individual race.
- An award will be made to the winning team of each heat raced in each event.