

NASA 2018 SHORT COURSE COMPETITION

15TH SEPTEMBER 2018

BOYS

GIRLS

	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs	Event		10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs
Lower QT	00:44.5	00:41.2	00:38.6	00:36.9	00:35.1	00:33.1	00:32.4	50 Free	Lower QT	00:45.2	00:42.0	00:39.7	00:38.5	00:36.7	00:36.1	00:35.7
Upper QT	00:32.4	00:30.0	00:28.1	00:26.8	00:25.5	00:24.1	00:23.6		Upper QT	00:32.9	00:30.5	00:28.9	00:28.0	00:26.7	00:26.2	00:26.0
Lower QT	00:57.5	00:53.3	00:49.3	00:46.0	00:43.6	00:42.2	00:41.1	50 Breast	Lower QT	00:58.4	00:53.2	00:50.2	00:48.4	00:46.6	00:45.7	00:45.4
Upper QT	00:41.9	00:38.8	00:35.9	00:33.5	00:31.7	00:30.7	00:29.9		Upper QT	00:42.5	00:38.7	00:36.5	00:35.2	00:33.9	00:33.3	00:33.1
Lower QT	00:49.9	00:46.0	00:42.8	00:40.6	00:38.0	00:36.4	00:35.7	50 Fly	Lower QT	00:50.1	00:45.9	00:43.7	00:41.8	00:40.3	00:39.5	00:39.2
Upper QT	00:35.8	00:33.0	00:30.7	00:29.1	00:27.2	00:26.1	00:25.6		Upper QT	00:35.9	00:32.9	00:31.3	00:30.0	00:28.9	00:28.3	00:28.1
Lower QT	00:51.7	00:47.7	00:44.6	00:42.1	00:40.0	00:38.1	00:36.9	50 Back	Lower QT	00:51.5	00:46.8	00:45.3	00:43.3	00:41.7	00:41.3	00:40.8
Upper QT	00:37.1	00:34.2	00:32.0	00:30.2	00:28.7	00:27.4	00:26.5		Upper QT	00:37.0	00:33.6	00:32.5	00:31.1	00:29.9	00:29.7	00:29.3
Lower QT	02:00.6	01:55.7	01:44.5	01:37.6	01:32.3	01:30.8	01:30.8	100 IM	Lower QT	02:00.4	01:55.7	01:44.8	01:40.9	01:40.7	01:40.7	01:39.7
Upper QT	01:18.0	01:14.9	01:07.6	01:03.1	00:59.7	00:58.7	00:58.7		Upper QT	01:17.9	01:14.9	01:07.8	01:05.3	01:05.2	01:05.2	01:04.5

TIMES TO HAVE BEEN ACHIEVED SINCE 1ST SEPTEMBER 2017

SUBMITTED TIMES MUST BE BETWEEN UPPER AND LOWER QUALIFYING TIMES TO BE ACCEPTED